

# Management of Fungus Gnats (*Bradysia* spp.) in Greenhouses and Nurseries

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## ABSTRACT

Fungus gnats, *Bradysia* spp., were not considered economic insect pests until recently when it was realized they are actually major insect pests of greenhouses and nurseries. The primary species encountered are *Bradysia coprophila* and *B. impatiens*, although other species may be found in greenhouses and nurseries. Both adults and larvae may directly and indirectly disseminate or transmit a wide-range of plant-pathogens including *Botrytis cinerea*, *Thielaviopsis basicola*, *Verticillium albo-atrum*, and *Fusarium avenaceum*. The larvae causes direct damage when feeding on plant roots or tunneling into plant crowns. The presence of high larval populations can result in significant crop losses. Certain growing media influence fungus gnat development and reproduction, and fungus gnat adults are attracted to and tend to lay eggs in growing media that are moist and microbially active. Scouting for fungus gnats is critical in order to detect populations before they reach damaging levels. This involves the use of yellow sticky cards for the adults, and potato disks for the larvae, which are laid on the surface of the growing medium. Currently, there are no thresholds to determine when to implement management strategies against fungus gnats. Fungus gnat management involves a holistic approach requiring implementation of cultural (sanitation and water management), chemical (microbial insecticides and insect growth regulators), and biological control (predatory mites, predatory beetles, and entomopathogenic nematodes) strategies.

**Keywords:** biological control, contamination, cultural control, growing medium, insecticides, monitoring, pest management

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## INTRODUCTION

Fungus gnats, *Bradysia* spp. (Diptera: Sciaridae) were initially considered only minor insect pests, primarily breeding in growing medium containing house plants or in mushroom beds with minimal consideration that they could be a problem in ornamental cropping systems (Ellisor 1934). It wasn't until observations made by Hungerford (1916), Weigel and Sasser (1923), MacLeod and Butler (1934), and Dennis (1978) that fungus gnats were determined to be of economic importance. Since then, fungus gnats are now recognized as major insect pests in both greenhouses and nurseries (Dennis 1978; Hamlen and Mead 1979), and are one of the few insect pests in which the damaging life stage (e.g. larvae) is located within the growing medium (Cloyd 2000). They are especially a problem under conditions of excessive moisture that commonly occur during propagation, which is associated with cuttings and plug production when plants are initiating root systems (Lindquist 1997; Cloyd 2000). Fungus gnat adults are primarily a nuisance causing minimal plant damage (Cloyd 2000); however, adult females lay eggs that hatch into larvae that are responsible for di-

rectly damaging plants by feeding on roots (Hungerford 1916; Wilkinson and Daugherty 1970; Fawzi and Kelly 1982). Furthermore, both the adults and larvae may disseminate plant-pathogens (James *et al.* 1995; Stangellini *et al.* 1999; El-Hamalawi and Stangellini 2005).

## BIOLOGY, FEEDING AND DAMAGE

The species most commonly encountered in greenhouses and nurseries are *Bradysia coprophila* Comstock and *B. impatiens* Johannsen (Lindquist *et al.* 1985; Wilkinson and Daugherty 1970; Fenemore 1977; Alberts *et al.* 1981; Lindquist 1994). Fungus gnats have a life cycle that consists of an egg, four larval instars, a pupa, and an adult (**Fig. 1**). A generation may be completed in 20 to 28 days although this is dependent on temperature (Wilkinson and Daugherty 1970; Cloyd 2000). Fungus gnat adults are winged, approximately 3.0 to 4.0 mm in length, with long legs and antennae (**Fig. 1**). Adults tend to fly around or congregate near the surface of the growing medium, and live from 7 to 10 days. Females deposit 100 to 200 eggs into the cracks and crevices of the growing medium. Eggs hatch into white,

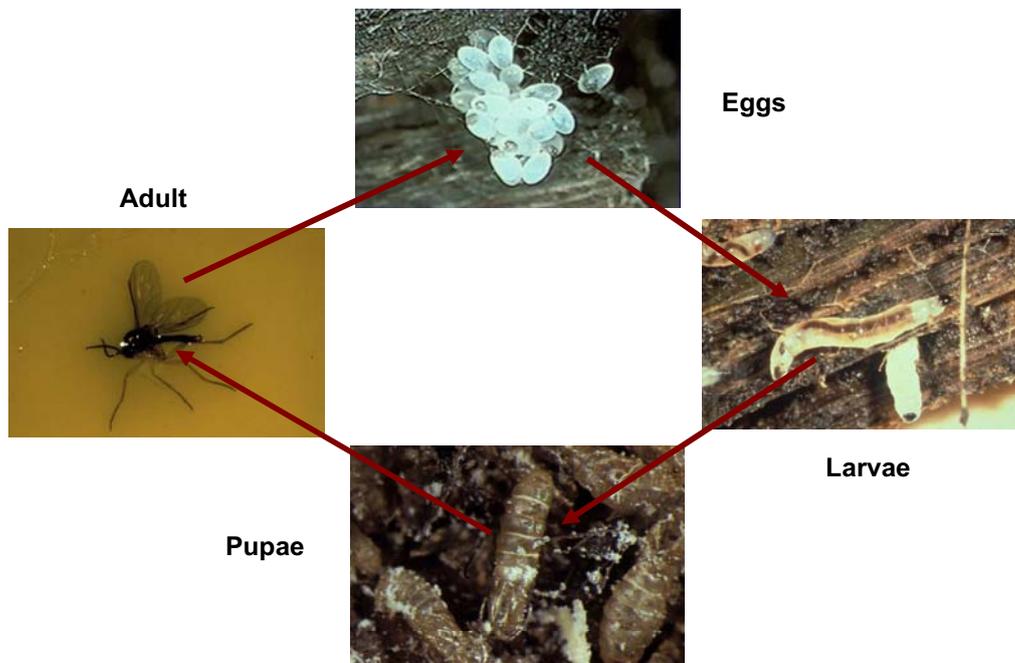


Fig. 1 Life cycle of fungus gnats (*Bradysia* spp.) from egg to adult.

translucent or slightly translucent, legless larvae that are approximately 6.0 mm long. A characteristic diagnostic feature of fungus gnat larvae is a distinct black head capsule (Fig. 1) (Ellisor 1934; Cloyd 2000). The larvae, in general, are located within the top 2.5 to 5.0 cm of the growing medium or inside plant tissue (Dennis 1978). In fact, *Bradysia* spp. larvae feed on plant roots, primarily the root hairs, and organic matter in the upper 2.0 cm of growing media (Kennedy 1971). However, the larvae may be distributed throughout the growing medium profile even in the bottom of containers near drainage holes (RAC and ERZ, unpublished data). Fungus gnat larvae may also emerge from the growing medium to feed on leaves and stems (Leath and Newton 1969). Fungus gnat larvae prefer growing media with high moisture contents (Hungerford 1916) and require various bacteria and fungi as an integral or supplemental food source in order to complete development (Baumberger 1919; Brues 1946). Furthermore, the type of food source fed upon by fungus gnat larvae determines abundance and relative fitness of mature adults, and the reproductive potential of females. For example, fungus gnat larvae that consume the mycelia and sclerotia of *Sclerotinia sclerotiorum* (Lib.) de Bary and *Botrytis porri* (Buchw.) develop into “healthy” adults (Anas and Reeleder 1988a); however, larvae that feed on sclerotia and/or mycelium of *Sclerotinia minor* Jagger, *Fusarium solani* Martius, *Botrytis cinerea* (Pers.:Fr), or *Trichoderma viride* Pers typically do not develop into mature adult females or they are sterile (Anas and Reeleder 1988a).

Fungus gnat larvae feed on a wide-range of ornamental plants grown in both greenhouses and nurseries including *Capsicum* spp., *Cyclamen* spp., poinsettia (*Euphorbia pulcherrima* Willd. ex Klotzsch), *Geranium* spp., transvaal daisy (*Gerbera jamesonii* H. Bolus ex. Hook. f.), *Gloxinia* spp., *Impatiens* spp., bedding plants, and vegetable transplants (Jagdale *et al.* 2004). Young plants and/or seedlings are especially susceptible to injury from larval feeding (Gauthier 1989; Chambers *et al.* 1993), more so than mature plants, unless fungus gnat larval populations are extremely abundant.

Feeding by the larval stages directly damages developing root systems and interferes with the plants' ability to uptake water and essential nutrients (Jarvis *et al.* 1993), resulting in stunted growth. The larvae may also cause indirect damage during feeding by predisposing plants to attack from fungal pathogens via creating wounds that allow entry of soilborne plant-pathogens (Leath and Newton

1969; Gardiner *et al.* 1990; Jarvis *et al.* 1993). Additionally, both the larvae and adults can transmit fungal diseases including *Botrytis* spp., *Pythium* spp., *Fusarium* spp., and *Verticillium* spp. from diseased to non-infected plants (Kalb and Millar 1986; Favrin *et al.* 1988; Keates *et al.* 1989; Gardiner *et al.* 1990; Gillespie and Menzies 1993; James *et al.* 1995). Both the adults and larvae of *B. coprophila* may disseminate spores of *Thielaviopsis basicola* Berk. & Broome to pansy (*Viola x Wittrockiana* Gams.) seedlings via surface contamination (Harris 1995). Fungus gnat adults may carry the spores of certain foliar and soilborne plant-pathogens on their bodies including *B. cinerea*, *Fusarium oxysporum* f. sp. *radicis-lycopersici* Jarvis & Shoemaker, *T. basicola*, *Verticillium albo-atrum* Reinke & Berthold, and *Fusarium avenaceum* (Fr.:Fr) (Kalb and Millar 1986; Gillespie and Menzies 1993; James *et al.* 1995; Stangellini *et al.* 1999; El-Hamalawi and Stanghellini 2005). The adults can then disperse the spores of these plant-pathogens throughout a greenhouse or nursery. Fungus gnat (*B. impatiens*) larvae have been shown to ingest the propagules of *Pythium aphanidermatum* (Edson) and macroconidia of *F. avenaceum*, which they disseminate or introduce into young healthy plants during feeding (Jarvis *et al.* 1993; El-Hamalawi and Stanghellini 2005). It also has been reported that the oospores of *Pythium* spp. are able to survive passage through the digestive tract of *B. impatiens* and are intact and viable (able to germinate) after being excreted (Gardiner *et al.* 1990).

Although fungus gnats are considered an insect pest of greenhouses and nurseries, they may also serve as a biological control agent against certain soilborne pathogenic fungi (Garcia-Garza *et al.* 1997). For example, fungus gnat larvae feed on and reduce the survival of sclerotia of *S. sclerotiorum* and also increase the susceptibility of this pathogen to infection by the mycoparasite, *T. viride* (Anas and Reeleder 1988b).

## MANAGEMENT

### Growing medium

The growing medium type and components may influence the population dynamics of fungus gnats, and may provide a favorable substrate for development and reproduction of fungus gnats (Jagdale *et al.* 2004). For example, as the components of growing media become less uniform, porosity

increases, which results in more open spaces present on the growing medium surface. These open spaces are sites where adult fungus gnat females can lay eggs (Anas Reeleder 1988b). It was determined by Binns (1973) that fungus gnat adult females laid eggs in crevices, which provided a more humid environment than on the surface, thus enhancing egg hatching and survival rate compared to eggs laid directly on the growing medium surface.

Growing media that contain a high level of microbial activity are preferred for fungus gnat breeding (Freeman 1983). Furthermore, growing media containing abundant organic matter tend to have larger pore spaces that provide ideal egg-laying sites for fungus gnat females (Anas and Reeleder 1988b). Any differences in fungus gnat female oviposition preferences among growing media are likely due to the species (fungus) and activity of microbial colonies present in the growing medium (Kennedy 1974; Anas and Reeleder 1988a). Decomposition, during the production cycle, of growing media containing hardwood bark increases the water-holding capacity and decreases air porosity, which may provide a favorable site for females to lay eggs thus potentially leading to increased fungus gnat populations (Hoitink 1989). Coconut coir has been implicated as a substrate that may inhibit fungus gnats; however, Evans *et al.* (1998) demonstrated that fungus gnats survived and reproduced just as well in a coir-based growing medium than a peat-based growing medium.

Currently, the selection of growing media that are either repellent or not attractive to reproductively mature females is being investigated as a sustainable strategy in reducing fungus gnat populations in both greenhouses and nurseries. Growing media vary in attracting fungus gnat adults (Lindquist 1994). In fact, it has been proposed that less attractive growing media may result in an increase in plant injury because fungus gnat larvae will feed on plant roots instead of fungi in the growing medium and that plant disease suppressive growing media may be more attractive to fungus gnats due to the greater microbial activity (Lindquist 1994). However, studies have demonstrated that fungus gnat adults are attracted to particular growing media. For example, Meers and Cloyd (2005) reported that adults of the fungus gnat, *Bradysia* sp. nr. *coprophila* Lintner (Diptera: Sciaridae) tended to lay eggs more often in Metro-Mix 560 (The Scott's Company; Marysville, OH) than either Sunshine LC1 Mix (SunGro Horticulture, Inc.; Bellevue, WA) or SB300 Universal Professional Growing Mix (Strong-Lite Horticulture Products; Pine Bluff, AK) growing media. Metro-Mix 560 consists of composted pine bark (35-45%) and coconut coir pith (20-30%) whereas the primary components of both Sunshine LC1 Mix and SB300 Universal Professional Growing Mix are Canadian sphagnum peat moss (75%) and composted pine bark (50%), respectively. Lindquist *et al.* (1985) indicated that fungus gnat adult emergence was higher in a growing medium amended with composted hardwood bark than a composted pine bark growing medium.

Adult fungus gnats are likely to be more attracted to or prefer moist growing media containing peat moss (Baker 1994) since these growing media have a higher level of fungal activity (Baker 1994; Olson *et al.* 2002), and certain fungi serve as a food source for fungus gnat adults (Kennedy 1974; Anas and Reeleder 1988a; Gardiner *et al.* 1990). Furthermore, the moisture content of the growing medium is critical in regards to fungus gnat survival (Olson *et al.* 2002; Cloyd and Dickinson 2008). For example, fungus gnat populations were lower in both extremely "wet" and "dry" growing media with the highest survival rates occurring in growing media with a 52% moisture content (Olson *et al.* 2002).

Cloyd *et al.* (2007a) reported that a higher percentage of fungus gnat adults were attracted to moist SB300 Universal Professional Growing Mix (92%) than to the same growing medium that had been oven dried (8%). It was also demonstrated that fungus gnat adults preferred the SB300 growing medium even if they were reared on Sunshine LC1 Mix.

Many species of fungus gnats feed in compost piles so it is not surprising that they may enter greenhouses with compost or they are attracted to compost already present in the greenhouse or nursery (Freeman 1983). However, this had not been quantitatively demonstrated until Cloyd and Zaborski (2004) discovered that fungus gnats may be introduced into commercial greenhouse and nursery facilities via bagged soilless growing media or rooted plant plugs from wholesale distributors. As such, the authors' suggested that pasteurization of bagged soilless growing media may be necessary in order to avoid dealing with fungus gnat populations.

## Cultural

Water management and sanitation are essential in alleviating problems with fungus gnats in both greenhouses and nurseries. For example, nurseries that have water accumulating and algae present tend to have "high" fungus gnat populations, which result in more damage to conifer seedlings. Furthermore, fungus gnats are typically more abundant in greenhouses and nurseries with soil floors than those with cement flooring (Keates *et al.* 1989). An approach to managing fungus gnat larvae that has been consistently recommended over the years includes allowing the soil or growing medium to dry-out occasionally, particularly the upper 2.5 to 7.6 cm. The "dry" surface is supposed to be less attractive to ovipositing females and even if any eggs are laid, they fail to hatch due to a lack of moisture (Ellisor 1934). However, allowing plant material to go "dry" is not a feasible option in either a greenhouse or nursery production system since it is essential to provide sufficient moisture for plant growth and development. Another cultural strategy that has been discussed by practitioners is the incorporation of abrasive materials such as diatomaceous earth (DE) into growing media or applying DE to the surface of growing media. Diatomaceous earth is composed of siliceous skeletons of diatoms (Ebeling 1971) that either remove the cuticular waxes, absorb oils and waxes in the outer cuticle, or rupture the cuticle thus causing extensive loss of water from the insect body (Korunic 1998). It had been suggested that incorporating DE into commercial growing media or applying DE on the growing medium surface would negatively affect fungus gnat adults as they emerge and/or prevent egg-laying by females (Quarles 1992). However, neither incorporation into growing media nor applications to the growing medium surface had any effect on fungus gnats (Cloyd and Dickinson 2005; Cloyd *et al.* 2007b). Additionally, a layer of sand (1.3 mm) placed over the top of the growing medium was proposed as a way to reduce fungus gnat infestations by creating an unattractive surface for ovipositing females (Hungerford 1916; Ellisor 1934); nonetheless, not even a 3.1 mm layer of sand was effective in preventing fungus gnat adult emergence or inhibiting female fungus gnats from laying eggs (Cloyd *et al.* 2007b). Since fungus gnat adults are attracted to light (Cloyd *et al.* 2007c), it might be possible to place yellow sticky cards near some type of light source in order to capture adults, which could reduce the population of ovipositing females.

## Scouting

Scouting or monitoring is an essential component of pest management programs in detecting the presence of fungus gnats early, before populations build-up to damaging levels. Rutherford *et al.* (1985) determined the distribution and abundance of fungus gnat adults using white sticky cards, and extracted soil cores to assess the number of larvae per volume of soil. However, there was no apparent correlation between the number of adults captured on the white sticky cards and larval abundance in the soil. Yellow sticky cards, placed near the growing medium surface, are typically used for monitoring fungus gnat adults (Lindquist 1994) whereas potato disks or wedges placed on the surface of the growing medium are utilized in detecting the presence of larvae

(Harris *et al.* 1995; Lindquist 1997). The larvae are attracted to and congregate underneath the potato disks (Harris *et al.* 1995). Cabrera *et al.* (2003) demonstrated that potato disks recover a significantly higher percentage of larvae (38%) than carrot disks (23%) and that a monitoring duration of 48 hours is more efficient in recovering larvae than 24 hours. Attempts have been made to correlate the number of adults on yellow sticky cards with larvae present on potato disks; however, no such relationships have been established (Harris *et al.* 1995). Another issue is that there are no thresholds, which are the levels or numbers of insect pests that warrant the need to implement control measures, to assist greenhouse producers and nursery managers in making reliable estimates of fungus gnat larval densities in growing media. Furthermore, there is a lack of information pertaining to relationships between the density of fungus gnat larvae and plant damage, which would be useful in knowing when to execute either chemical or biological control strategies.

## Chemical

Insecticides are typically used to deal with fungus gnats in greenhouses and nurseries (Hamlen and Mead 1979; Lindquist *et al.* 1985). Insecticides currently labeled for use against both fungus gnat adults and larvae in the USA are listed in **Table 1**. Since the larvae are the life stage that directly causes plant damage, most insecticides are applied as a drench to the growing medium (Hamlen and Mead 1979). These include microbial insecticides, insect growth regulators, and conventional insecticides (**Table 1**). The microbial insecticide *Bacillus thuringiensis* subsp. *israelensis* (Bt) tends to be more effective on the 1<sup>st</sup> and 2<sup>nd</sup> instars than the older (3<sup>rd</sup> and 4<sup>th</sup>) instars (Molloy *et al.* 1981; Osborne *et al.* 1985). Several different types of insect growth regulators are widely used to manage fungus gnats in greenhouse and nursery production systems (Ludwig and Oetting 2001; van Epenhuijsen *et al.* 2001); however, because insect growth regulators are only active on the larvae they must be applied before fungus gnat populations are abundant. Drench applications of the neonicotinoid-based insecticides including imidacloprid (Marathon; OHP, Inc., Mainland, PA), thiamethoxam (Flagship; Syngenta Professional Products, Greens-

boro, NC), and dinotefuran (Safari; Valent U.S.A. Corp., Walnut Creek, CA) have been shown to be effective against most fungus gnat larval instars (Cloyd and Dickinson 2006). In our research, we have found the insect growth regulators pyriproxyfen (Distance; Valent U.S.A. Corp., Walnut Creek, CA) and cyromazine (Citation; Syngenta Professional Products, Greensboro, NC), and the pyrrole insecticide/miticide chlorfenapyr (Pylon; OHP, Inc., Mainland, PA) to be very effective against the larvae of the fungus gnat, *B. sp. nr. coprophila* (Cloyd 2006; Cloyd and Chiasson 2007). Fungus gnat adults may be controlled with conventional insecticides such as those classified as pyrethroids in **Table 1**. However, pyrethroid-based insecticides are, in general, harmful to natural enemies and nontarget organisms (Croft and Whalon 1982; Smith and Stratton 1986), which may disrupt existing biological control programs for other arthropod (insect and mite) pests.

## Biological

The use of biological control against fungus gnats has been readily adopted by greenhouse producers throughout the USA due to the commercial availability of effective biological control agents. Biological control agents (=natural enemies) such as predatory mites and beetles, and entomopathogenic nematodes have been used extensively to manage fungus gnat larval populations in greenhouses and nurseries (Gillespie and Quiring 1990; Chambers *et al.* 1993; Lindquist 1994; Harris *et al.* 1995). The soil-dwelling predatory mite, *Hypoaspis miles* (Berlese) [= *Stratiolaelaps scimitus* (Womersley)] is commercially available from most biological control distributors and is used in greenhouses to manage fungus gnat larvae; however, fungus gnat eggs and pupae are not attacked (Gillespie and Quiring 1990; Wright and Chambers 1994; Walter and Campbell 2003). Optimum development and reproduction of *H. miles* occurs at temperatures between 15 and 30°C (Ydergaard *et al.* 1997). The rove beetle, *Atheta coriaria* Kraatz has been investigated as a potential biological control agent of fungus gnats (Carney *et al.* 2002) preferring fungus gnat larvae over oatmeal in choice tests conducted under laboratory conditions (Birken and Cloyd 2007). However, further controlled studies are needed in order to fully evaluate the impact that rove beetle adults and larvae have on the population dynamics of fungus gnats. The entomopathogenic nematode, *Steinernema feltiae* Filipjev, which is available commercially from a number of distributors [Nemasys (Becker-Underwood, Inc.; Ames, IA), NemaShield (Bio Works, Inc.; Victor, NY), Horticultural Scanmask (Biologic Comp.; Willow Hill, PA), and Entonem (Koppert U.S.A.; Romulus, MI)] has been shown to be effective against fungus gnat larvae (Lindquist 1994; Gouge and Hague 1995). However, entomopathogenic nematodes must be applied before fungus gnat populations' build-up to damaging levels. The ability of entomopathogenic nematodes to control fungus gnats is influenced by a number of factors including application rate, timing of application, host plant, and entomopathogenic nematode strain used. In addition, the infectivity of entomopathogenic nematodes against fungus gnat larvae may differ depending on the growing medium type and moisture content (Jagdale *et al.* 2004; Georgis *et al.* 2006) and the fungus gnat larval stages may exhibit differences in susceptibility to entomopathogenic nematodes depending on the strain and even larval instars present (Harris *et al.* 1995). Finally, temperature is a major factor that may influence control of fungus gnat larvae by *S. feltiae* because the entomopathogenic nematode requires temperatures between 8 and 30°C for infection, and 10 and 25°C for reproduction (Grewal *et al.* 1994). It must be noted that there are concerns regarding the quality of commercially available entomopathogenic nematode products that are purchased by greenhouse producers and nursery managers (Gaugler *et al.* 2000; Caamano *et al.* 2008). An issue associated with the use of biological control agents for control of fungus gnats is compatibility between or among

**Table 1** The active ingredient (common name), trade name, and classification of insecticides labeled for use against fungus gnat (*Bradysia* spp.) adults and larvae in greenhouses and nurseries within the USA.

Active Ingredient (common name)	Trade Name	Classification
Adults		
Bifenthrin	Talstar	Pyrethroid
Chlorpyrifos + Cyfluthrin	Duraplex	Organophosphate + Pyrethroid
Cyfluthrin	Decathlon	Pyrethroid
Fenpropathrin	Tame	Pyrethroid
Fluvalinate	Mavrik	Pyrethroid
Petroleum oil	PureSpray Green	Horticultural oil
Potassium salts of fatty acids	M-Pede	Insecticidal soap
Larvae		
Acetamiprid	TriStar	Neonicotinoid
Azadirachtin	Azatin/Ornazin	Botanical
<i>Bacillus thuringiensis</i> subsp. <i>israelensis</i>	Gnatrol	Microbial
Chlorfenapyr	Pylon	Pyrrole
Chlorpyrifos	DuraGuard	Organophosphate
Cyromazine	Citation	Insect growth regulator
Diflubenzuron	Adept	Insect growth regulator
Dinotefuran	Safari	Neonicotinoid
Imidacloprid	Marathon	Neonicotinoid
Kinoprene	Enstar II	Insect growth regulator
Pyriproxyfen	Distance	Insect growth regulator
Thiamethoxam	Flagship	Neonicotinoid

the different natural enemies. Although there is limited information associated with assessing intraguild predation, Jandricic *et al.* (2006) demonstrated that *S. feltiae* was compatible with *A. coriaria*; however, *A. coriaria* larvae were fed upon by the predatory mite, *Hypoaspis aculeifer* (Canestrini). In addition to the above mentioned biological control agents, preliminary results have shown that the entomopathogenic fungus, *Beauveria bassiana* (Balsamo) Vuillemin infects shore fly, *Scatella tenuicosta* Collin adults under laboratory conditions (Filotas *et al.* 2005). Although further investigation is required, applications of entomopathogenic fungi may eventually be an alternative means of dealing with fungus gnats.

## SUMMARY

Fungus gnats (*Bradysia* spp.) are a major insect pest in greenhouse and nursery cropping systems because both the adults and larvae may cause direct and/or indirect plant damage resulting in possible economic losses. The challenge associated with dealing with fungus gnats is to approach management “holistically” by utilizing all the strategies described in this paper including scouting and growing medium selection, which are extremely important in alleviating problems with fungus gnats. Furthermore, greenhouse producers and nursery managers that implement proper water management and sanitation practices such as eliminating weeds and algae from production areas, and properly time the use of both insecticides and natural enemies will experience fewer problems with fungus gnats in ornamental cropping systems such as greenhouses and nurseries.

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